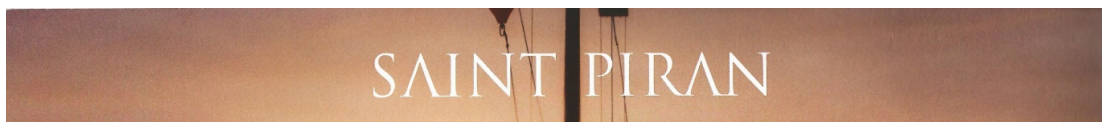


Saint Piran

Present the Longhill Hill Climb

Event Sponsored by:



SAINT PIRAN CAFE

Sunday 15th October 2023

Solo

Event HQ

Saint Piran Café
Old Conns Work
Bissoe
Truro
TR4 8QZ

**(Promoted for and on behalf of Cycling Time Trials under
their rules and Regulations)**

Event Secretary

**Phil Bowden
60 Pendrea Park
Camborne
Cornwall
TR14 8PH**

IN THE INTEREST OF YOUR OWN SAFETY, Cycling Time Trials and the event Promoters require you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. Along with front and rear lights

Important Notes:-

- NUMBERS, Numbers will be available at the HQ and must be returned there
- Numbers MUST be signed back in to the HQ after the event or riders will be disqualified.
- A hard shell helmet must be worn to conform with CTT Regs
- Working front and rear lights are required no lights means no ride
- Riders are to ensure that they read the course risk assessment (which will be next to the numbers at the HQ) prior to starting the event
- It is advised that riders make themselves fully conversant with the course.
- No U-Turns within sight of the Start and Finish Timekeepers
- One Rider one prize – Except Team Prize

Course: S/Long Hill - description

This event is being run on the S/Long Hill course.

Course Description: Start on Exit from Bike Chain Ricci Café Bissoe approx. 5 yds. before Bissoe Road where turn left and follow road for approx. 400yds where turn hard left onto Long Hill. Past cottage on left approx. 50yds into the climb and continue up-hill exiting 30mph limit into de-restricted zone and past left-hand turn to Nangiles and on into S bend. Past crossroads signposted Twelvehead and on past public footpath and Rose Farm on the left-hand side to finish at Quarry Farm approx. 70yds before the Chacewater Cross roads. Approx. 2 miles.

Timekeepers: - Anthony Green – Penzance Whrs
Ian Matthews – Saint Piran

Prize List

Prizes are limited due to the number of riders however we have managed to put on an event however there will be good tea and cake at the finish!

Men	1 st	£15 voucher for Saint Piran Cafe
Woman	1 st	£15 voucher for Saint Piran Cafe
2 x Spot prizes		£10 voucher for Saint Piran Cafe

All open event prizes kindly donated by Richard Pascoe – Saint Piran cafe